



## **The Complete Family Ski Trip Packing List**

### **Ski Gear**

- Ski jacket
- Ski/board trousers
- Waterproof ski/snowboard gloves
- Base layers
- Goggles (with high and low light lenses)
- Ski socks
- Snood
- Safety gear such as impact shorts, wrist guards or knee pads
- Day backpack for water, snacks and extra layers

### **Ski Equipment**

- Skis and ski poles
- Snowboard and bindings
- Snowboard / ski boots
- Helmet

### **Apres and other clothes**

- Warm, easy to put on waterproof snow boots
- Warm gloves
- Woolly hat
- Snood/scarf
- Swimwear
- Swimming goggles
- Snuggly jumpers
- Warm trousers/jeans
- Sunglasses
- Yoga/pilates gear if you intend to use
- Underwear
- PJs

### **Toiletries**

- Factor 50+ Sun cream
- Mini first aid kit, including painkillers, Calpol, any required medication, thermometer, band aids



- Toothbrush
- Toothpaste
- Face and body moisturiser
- Hair ties & bobby pins
- Lip balm with sun protection
- Deodorant
- \*Shampoo or bar
- \*Conditioner
- \*Hand and body wash

\* supplied in AliKats catered chalets

### **Travelling**

- Passports and travel documents
- Travel insurance
- Travel itinerary, tickets/boarding pass
- Transfer information and booking details
- Accommodation reservation details
- Games and drawing books
- Devices and headphones for audiobooks, films & music
- Charges for phones and devices
- Snacks
- Water (in reusable bottles)
- Books/entertainment for the adults